



Life as you like it... ...Fun, fitness and fine dining

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Need a Little 'Tool Time?' Look No Further!

A self-described "born putterer," retired optometrist Bob Bausch had an extensive workshop in the basement of his Canandaigua home, and another, smaller one out in his shed.

When he and his wife Mary moved to Ferris Hills at West Lake in the spring of 2009, however, Bob didn't have to give up his puttering. In fact, Bob's radial arm saw and other favorite tools have a new home in Ferris Hills' woodworking shop.

Located just off the independent living community's heated, underground garage, the spacious shop is available for all residents to use and has seen a lot of activity lately, thanks in large part to Bob and Harv Dudley, who first met while volunteering at Sonnenberg Gardens in Canandaigua.

Together, the two built several raised flower beds for Ferris Hills residents to enjoy while maintaining healthy backs. They've also been "taking requests," creating a trellis for the roses on a couple's patio, for example.

Gary Ross, Director of Ferris Hills and its adjacent enriched living community of Clark Meadows, says the woodworking shop is just one example of how the senior communities offer something for everybody, recognizing that men and women aren't

necessarily interested in the same things.

Hence, The Gentlemen's Club, a new group that meets monthly and is open to men from both Ferris Hills and Clark Meadows.


Clark Meadows Lifestyle Coordinator Victoria Meyvis says some members have found themselves reconnecting with friends from years past, while others are making new friends. So far, events have included a movie night featuring classic Westerns, a dinner at Steamboat Landing and a guest speaker's presentation on men's health.



Using the woodworking shop, Ferris Hills residents Bob Bausch and Harv Dudley recently built raised flower beds for fellow residents to use in the courtyards.

According to Clark Meadows volunteer Paul Driscoll, having opportunities to get together leads to some lively conversations.

"It's pretty cool," he says. "A lot of the guys have really interesting backgrounds and some great stories."


"We're looking to really grow this group and do some interesting things," he adds. 

Meet Sara DiVincenzo

Sara DiVincenzo arrived at Ferris Hills at West Lake late last summer not just with experience but with energy and enthusiasm for creating a senior living experience that is second-to-none.

As the new Resident Services Manager for both the independent living community and its adjacent enriched living community of Clark Meadows, DiVincenzo organizes events to enhance residents' lives, such as the Sunset Serenades concert series, visits from guest speakers and performances by the Hochstein School of Music & Dance.

The Livonia resident, who has a degree in human services from Mercyhurst College in Erie, Pa., is a former case manager for the Center for Dispute Settlement in Livingston County. Prior to joining Ferris Hills/Clark Meadows, she worked for 10 years as the resident services manager for St. John's Meadows senior community in Brighton.

In addition to providing residents with diverse offerings to keep them active and engaged, she assists them with any needs that may arise, and says she considers herself to be their advocate. "I'm always delighted to hear someone say they made the right decision in choosing this as their home," she says. 



*Sara DiVincenzo
Resident Services Manager*



Benefits of a 'Short Stay' Go a Long Way


If you're recovering from an illness, surgery or injury, the "short stay" program at Clark Meadows may be just what you're looking for.

Adjacent to Ferris Hills at West Lake and affiliated with Thompson Health, Clark Meadows provides "enriched living." With apartment-style living and 24-hour staffing, this includes assistance

with tasks such as bathing, dressing and medication monitoring. Housekeeping, transportation and social/recreational programs are also among the amenities offered for an all-inclusive monthly fee, or, for short stays, an affordable day rate of \$109.

Short stays are also ideal for those who need quality care when their caregivers are going away on vacation. It's a worry-free vacation for both!



Visit www.ClarkMeadows.com for information, or arrange a tour and complimentary lunch by calling (585) 393-4330. 



Gary Ross, Director

Spend the Summer With Us!

Ever wished that you could spend the summer at a resort? With the summer of 2010 fast approaching, why not

consider spending it in a resort-like setting that you might one day decide to call home?

We are offering seniors the opportunity to live at Ferris Hills at West Lake through a 90-day trial program, at a reasonable fee and with no obligation!

This means you can look forward to fine dining each evening, leisurely strolls on the walking trails that grace our 57-acre campus and the music from some of our region's

most popular bands during our annual Sunset Serenade series.

At the same time, you will be taking advantage of a rare opportunity to get a true feel for Ferris Hills, well beyond what an open house or personal tour might offer.

During your stay in a furnished, one-bedroom apartment, you can take advantage of all that our vibrant independent living community has to offer, including:

- ♦ Chef-prepared meals
- ♦ A fabulous fitness center
- ♦ Weekly housekeeping
- ♦ Social and recreational opportunities, including outings to live theater performances and the finest attractions the Finger Lakes region has to offer
- ♦ Chauffeur service to appointments

Our exclusive offer applies to any three months of your choice.

I'd love to tell you more over a complimentary lunch, so please pick up the phone and call me today at 585-393-0410.

Next, pack your suitcase for a summer to remember! 



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AT WEST LAKE



Summer Concert Series Kicks Off July 7

Dust off those lawn chairs – it's almost time for Ferris Hills at West Lake's annual Sunset Serenades series!

Held in the courtyard of the independent living community and the enriched living apartments at Clark Meadows, this series is open to the public and free of charge.

Summer Concert Series Schedule


- ♦ July 7: Nostalgic Reunion
- ♦ July 14: Canal Street Strutters
- ♦ July 21: Traveling Cabaret
- ♦ July 28: Paulsen, Baker & Garvey
- ♦ August 4: Dady Brothers
- ♦ August 11: Dick Otto and the Music Makers

Shows are on Wednesdays at 7 p.m.



Each Wednesday evening concert begins at 7 p.m. Those who attend are encouraged to bring lawn chairs and are invited inside the café, where light refreshments are available

for purchase.

Ferris Hills is best accessed from the 3300 block of West Lake Road, via Peg Rayburn Drive. For information, call (585) 393-0140 or visit www.FerrisHills.com. 



Paulsen, Baker & Garvey will perform at Ferris Hills Wednesday, July 28th.